

My Communication Board

My Communication Board provides a way for you to communicate with the staff looking after you. The aim of the board is to help improve your overall communication experience.

What are the benefits of using the board?

- You and your family can leave messages or questions for your team
- The staff caring for you will understand what is important to you
- You will know the doctor who is responsible for your care
- You will know the names of your nurse for the day
- Details of your discharge plan / goals will be updated on the board

Who should update the board?

- The staff caring for you (doctors, nursing or allied health) are all able to update the board. You can refer to the board when talking with them
- Medical and nursing staff will update and use the board during the shift handover at your bedside
- You are welcome to remind staff to refer to your board if they forget, or ask them to write information on your board for you

What if I don't want my personal information displayed?

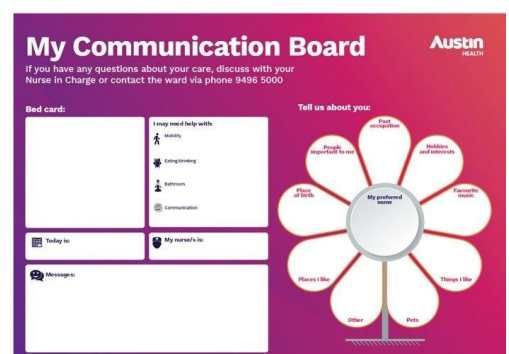
- You do not have to fill in all sections of the board. If there is a section you don't want completed, you can leave that area blank
- The board will not show your personal health details

What happens to the board after I go home?

- The board will be wiped clean and ready for use by the next patient



The form is titled 'My Communication Board' with the Austin Health logo. It includes instructions: 'If you have any questions about your care, discuss with your Nurse in Charge or contact the ward via phone 9496 5000'. The form is divided into several sections: 'Bed card' (a large empty box), 'About me' (with fields for 'My preferred name' and 'Communication needs'), 'My planned discharge date', 'Today is' (with a calendar icon), 'My nurse's name', 'I may need help with' (with checkboxes for Mobility, Bathroom, and Eating/drinking), 'What is important for me today? Goals for today', 'Do you have concerns about your condition?' (with a list of concerns: 'Do you think you need urgent medical help?', 'Talk to a nurse about your concerns.', 'Are you still worried?', 'Still worried?'), and 'Messages for my care team'.



This version of the 'My Communication Board' form includes a 'Tell us about you' section with a flower-shaped diagram. The diagram has a central circle labeled 'My preferred name' and eight petals labeled: 'Age and sex', 'Religion and beliefs', 'Hobbies and interests', 'Family members', 'Things I like', 'Pets', 'Other', and 'Things I don't like'. The rest of the form is identical to the one above.



For further information
Phone: 9496 5000

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Austin Health acknowledges the Traditional Custodians of the land and pays its respects to Elders past, present and emerging.
Austin Health celebrates, values and includes people of all backgrounds, genders, sexualities, cultures, bodies and abilities.



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